

AUGUST

VALLEY HEIGHTS ACTIVITY CALENDAR

2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Note: Activities and events subject to change. Please read flyers and bulletins for details.	<i>"Work to make a living; serve to make a life."</i> - Will Rogers	1 9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Bible Study 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm David Field 7:30 pm Movie	2 10:00 am DVD Lecture 10:00 am Shopping 11:30 am Lunch at Miyuki's 1:00 pm Bridge 1:00 pm Line Dancing 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!	3 9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie	4 9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 11:00 am Food Committee 1:00 pm Shopping 1:00 pm Creative Writing 3:30 pm Social hour 3:30 pm Richard Stauff 7:30 pm Movie	5 9:30 am Trader Joe's 12:00 pm Food, Fun & BINGO 1:00 pm Movie 7:30 pm Movie
6 9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive: San Juan Bautista 1:00 pm Movie 7:30 pm Movie	7 9:00 am Tai Chi 10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Casino Night 7:30 pm Movie	8 9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Bible Study 11:00 am Communion 1:00 pm Podiatrist (Dr. Hyland) 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Young At Heart 7:30 pm Movie	9 10:00 am DVD Lecture 10:00 am Shopping 12:00 pm Welcome Lunch 1:00 pm Bridge 1:00 pm Line Dancing 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!	10 9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie	11 9 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 10:30 am Hearing Aid Store 1:00 pm Shopping 1:00 pm Creative Writing 3:30 pm Social hour 3:30 pm Jack Wilkins 7:30 pm Movie	12 11:00 am Lunch at Imura 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie
13 9:30 am - 12:30 pm Church Transportation 1:00 pm Shopping at Home Goods (Gilroy) 1:00 pm Movie 7:30 pm Movie	14 9:00 am Tai Chi 10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Casino Night 7:30 pm Movie	15 9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Bible Study 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Moroccan Music & Dance 7:30 pm Movie	16 10:00 am DVD Lecture 10:00 am Shopping 11:00 am Resident Council 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!	17 9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie	18 9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 11:00 am Wheelchair/ Walker Tune Up 1:00 pm Shopping 1:00 pm Creative Writing 3:30 pm Social hour 3:30 pm Mike Noonan 7:30 pm Movie	19 11:00 am Lunch at Olive Garden (Salinas) 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie
20 9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive: Castroville 1:00 pm Movie 7:30 pm Movie	21 9:00 am Tai Chi 10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Casino Night 7:30 pm Movie	22 9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Bob Hughes 7:30 pm Movie	23 10:00 am DVD Lecture 10:00 am Shopping 1:00 pm Bridge 7:30 pm Poker Night 7:30 pm Movie POPCORN DAY!	24 9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie	25 9 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 12:00 pm Men's Lunch 1:00 pm Shopping 1:00 pm Creative Writing 3:30 pm Social hour 3:30 pm Hawaiian Party 7:30 pm Movie HAWAIIAN THEME	26 11:00 am Martinelli's Store 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie
27 9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive: Corralitos 1:00 pm Movie 7:30 pm Movie	28 9:00 am Tai Chi 10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Casino Night 7:30 pm Movie	29 9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Bible Study 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Danceland 7:30 pm Movie	30 10:00 am DVD Lecture 10:00 am Shopping 12:00 pm Ladies Luncheon 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!	31 9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie	"Little by little we human beings are confronted with situations that give us more and more clues that we aren't perfect." - Mr. Rogers (Fred Rogers)	

Happy Anniversary!

Roy & Teresa Robertson
August 20, 1950

Rus & Willa Dean Wyckoff
August 25, 1949

Herman & Beverly Graham
August 27, 1950

**WELCOME OUR
NEWEST RESIDENTS:
ETHEL CURTISS**

Moroccan Music & Dance at Valley Heights on Tues., 8/15. Join the fun during our Social Hour show!

Celebrate beautiful Hawaii at Valley Heights during our Social Hour on Friday, 8/25. A terrific show is scheduled -- Hula Halau O Mahina I Ke Kai dancers will perform for us at 3:30 PM in our Living Room. Danceland will accompany the dancers throughout the show. Look forward to seeing you at the show!

HAPPY BIRTHDAY!

Helen Bahr Aug. 10
Judy Hoffman Aug. 11
Marie Love Aug. 15
Roy Robertson Aug. 20
Louise Shebanek Aug. 21
Vera Gould Aug. 29
Char Stamas Aug. 29