

MARCH

VALLEY HEIGHTS ACTIVITY CALENDAR

2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Note: Activities and events subject to change. Please read flyers and bulletins for details.	<p>"I'm a great believer in luck, and I find the harder I work, the more luck I have." ~ Thomas Jefferson</p>			<p>1</p> <p>9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie</p>	<p>2</p> <p>9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 11:00 am Food Committee 1:00 pm Shopping 3:30 pm Social hour 3:30 pm Richard Stauff 7:30 pm Movie</p>	<p>3</p> <p>9:30 am Trader Joe's 9:45 am Henry Day Memorial 12:00 pm Food, Fun & BINGO 1:00 pm Movie 7:30 pm Movie</p>
<p>4</p> <p>9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive: Scotts Valley 1:00 pm Movie 3:00 pm Ellen Khayat Piano Students 7:30 pm Movie Academy Awards Show</p>	<p>5</p> <p>9:00 am Tai Chi 10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Blackjack! 7:30 pm Movie</p>	<p>6</p> <p>9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Ladies Bible Study 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm David Field 7:30 pm Movie</p>	<p>7</p> <p>10:00 am DVD Lecture 10:00 am Shopping 11:30 am Lunch Outing- California Grill 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!</p>	<p>8</p> <p>9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie</p>	<p>9</p> <p>9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 1:00 pm Shopping 3:30 pm Social hour 3:30 pm Hoaloa 7:30 pm Movie</p>	<p>10</p> <p>11:00 am Lunch at Crow's Nest (Santa Cruz) 12:30 pm Don Miller Memorial 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie</p>
<p>11</p> <p>9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive: Castroville 1:00 pm Movie 7:30 pm Movie DAYLIGHT SAVINGS TIME BEGINS</p>	<p>12</p> <p>10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Blackjack! 7:30 pm Movie</p>	<p>13</p> <p>9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 10:00 am Ladies Bible Study 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Young At Heart 7:30 pm Movie</p>	<p>14</p> <p>10:00 am DVD Lecture 10:00 am Shopping 12:00 pm Welcome Lunch 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!</p>	<p>15</p> <p>9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie</p>	<p>16</p> <p>9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 1:00 pm Shopping 3:30 pm Social hour 3:30 pm Danceland 7:30 pm Movie</p>	<p>17</p> <p>11:00 am Lunch at Severino's (Aptos) 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie ST. PATRICK'S DAY THEME NIGHT</p>
<p>18</p> <p>9:30 am - 12:30 pm Church Transportation 1:00 pm Shopping at Michaels Crafts (Marina) 1:00 pm Movie 7:30 pm Movie</p>	<p>19</p> <p>10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Blackjack! 7:30 pm Movie</p>	<p>20</p> <p>9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Chris Ring 7:30 pm Movie SPRING BEGINS</p>	<p>21</p> <p>10:00 am DVD Lecture 10:00 am Shopping 11:00 am Resident Council 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!</p>	<p>22</p> <p>9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:00 pm Podiatrist (Dr. Hyland) 1:30 pm BINGO 7:30 pm Movie</p>	<p>23</p> <p>9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 1:00 pm Shopping 3:30 pm Social hour 3:30 pm Michelle Kiba 7:30 pm Movie</p>	<p>24</p> <p>11:00 am Lunch at Red Lobster (Salinas) 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie</p>
<p>25</p> <p>9:30 am - 12:30 pm Church Transportation 1:00 pm Scenic Drive- San Andreas Rd. 1:00 pm Movie 7:30 pm Movie</p>	<p>26</p> <p>10:00 am Shopping 11:00 am Current Events 1:30 pm BINGO 2:30 pm Coffee break 7:30 pm Blackjack! 7:30 pm Movie</p>	<p>27</p> <p>9-12 pm Santa Cruz 9:00 am Exercise 9:30 am Exercise 11:00 am Communion 1:30 pm BINGO 3:30 pm Social hour 3:30 pm Danceland 7:30 pm Movie</p>	<p>28</p> <p>10:00 am DVD Lecture 10:00 am Shopping 12:00 pm Ladies Social 1:00 pm Bridge 7:30 pm Movie 7:30 pm Poker Night POPCORN DAY!</p>	<p>29</p> <p>9:00 am Exercise 9:30 am Exercise 11:00 am Blood pressure 12:00 pm Lunch in 1:30 pm BINGO 7:30 pm Movie</p>	<p>30</p> <p>9:00 am Exercise 9:30 am Exercise 10:00 am DVD Lecture 12:00 pm Mens Lunch 1:00 pm Shopping 3:30 pm Social hour 3:30 pm Mike Noonan 7:30 pm Movie</p>	<p>31</p> <p>11:00 am Lunch at Wooden Nickel (Watsonville) 2:00 pm Ice Cream Social 1:00 pm Movie 7:30 pm Movie</p>

Ellen Khayat will be bringing her talented piano students for an afternoon recital on Sunday, March 4. Everyone is welcome. The music will begin in the Living Room at 3 PM. Invite your friends and family to enjoy the show.

March Birthdays:

Dina Ward	03/01
Ray Gardner	03/04
Marilyn Hanson	03/04
Rick Del Bonta	03/08
Louise Sako	03/09
Marge Cavallero	03/10
Barbara Resetar	03/17
Dorothy Lennon	03/21
Betty Husmann	03/24
Milton Melzian	03/24
Ed Clarke	03/30

Valley Heights would like to wish everyone a very happy St. Patrick's Day on Saturday, Mar. 17, 2018.

Welcome to
Valley Heights-
Jeff & Helen Stoneham,
Milton Melzian, and
Colleen Ward

Winds of March
Winds of March, we welcome you,
There is work for you to do.
Work and play and blow all day
Blow the winter cold away.
Unknown