



A monthly newsletter for residents, family, and friends of Valley Heights.



V Valley Voice

HOLIDAYS AT VALLEY HEIGHTS

Valley Heights has a great community reputation: delicious food, friendly staff and neighboring residents, a spacious and affordable apartment, and a terrific feeling of community (just to name a few). We are also known for amazing holiday happenings during December!

The month will begin with our very popular Tree Trimming Event on Tuesday, December 5. Residents, family, and staff will be decorating our Living Room Christmas tree during our Social Hour (3:30-4:30 PM). Beautiful music will be provided by Richard Stauff.

On Saturday, December 9, we will host a unique music show at 10:30 AM. Michelle Kiba's Ukulele Academy will perform a special holiday selection of songs they have been working hard on

perfecting. This show will be held in our Living Room.

We will be blessed with visits from Moreland Notre Dame 2nd Grade and Linscott Charter School Heart Room (1st Grade) classes. Ellen Khayat's piano students will also perform in a special show at the piano the Living Room.

Christmas Day we will enjoy our "Open Seating" dinner will begin at 2:00 PM. Dinner will cease at 5:00 PM.

Finally, we will conclude 2017 with our magnificent New Year's Eve Party. This evening event begins after dinner at 7:30 PM. Danceland will be performing as we celebrate the dawn of a fresh, new and exciting year.

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Senior Network Services

Senior Network Services is a Santa Cruz county community resource agency serving older adults and persons with disabilities with support services essential to their physical and mental well-being. Their focus is on helping people continue to live independent, fulfilling lives by giving them access to necessary information and resources. Visit their website (<http://www.senietworkservices.org>) or call them at (831) 462-1433.



Make *Your* Time Count

Schedule a friendly tour of Valley Heights today. Call Georgeann Menasco, our Marketing Director, at **(831) 722-4884**.

“Christmas waves a magic wand over this world, and behold, everything is softer and more beautiful.”
~Norman Vincent

CHRISTMAS DAY at VALLEY HEIGHTS

Our talented kitchen staff is preparing to serve a tremendous Christmas Day dinner at Valley Heights on Monday, December 25, 2017. Dinner will be served “Open Seating” from 2:00 - 5:00 PM. Please be certain to advise our Front Desk of your dinner plans no later than Friday, December 22, 2017.



UPCOMING EVENT: School Groups Visit

Valley Heights welcomes two favorite school groups this month to sing for us this month. We invite residents, family members, and all of our friends to join us:

* Moreland Notre Dame 2nd Grade will visit on Wednesday, December 6, at 10:00 AM

* Linscott Charter School Heart Room (1st Grade) will visit on Wednesday, December 20, at 10:00 AM

Celebrate the Start of 2018 with VALLEY HEIGHTS

Sunday evening, December 31, Valley Heights will prepare another outstanding New Year's Eve dinner selection for our lovely residents and special guests.

Following dinner, join us for an evening of fun at our New Year's Eve party. DANCELAND will be performing their special blend of oldies and goodies. Kick up your heels and dance the night away. We will celebrate the dawn of 2018 at 9 PM (celebrating at east coast time).

HAPPY HOLIDAYS FROM VALLEY HEIGHTS!

OUR GIVING COMMUNITY

“Share Your Holiday” is an annual TV event hosted by the Salvation Army and KSBW TV-8. Collected items are used for people in need this holiday season on the Central Coast .

For the 17th consecutive year, Valley Heights is collecting money, new items, as well as

non-perishable food to be donated at this event.

Donation barrels are located next to our Front Desk until Friday, December 8 (day of the event).

If you have any questions about donating money, food, or clothing, please contact Lori in our Activities Department.

Weekly Entertainment

Valley Heights offers a range of musical performances in our main Living Room for residents and friends to enjoy.

Whether it’s a children’s group, song and dance performers, piano players, or sing-along, each entertainment is unique and enjoyable.

Here is a list of performers scheduled for December:

Richard Stauff- 12/1

David Field- 12/5

MND 2nd Grade- 12/6

Mike Noonan- 12/8

Ukulele Academy- 12/9

Young At Heart- 12/12

Richard Stauff- 12/15

Holiday Piano Recital- 12/17

Danceland- 12/19

Linscott 1st Grade- 12/20

Liz Fischer- 12/22

Bob Hughes- 12/26

Chris Ring- 12/29

Danceland- 12/31

Planning for *Your Retirement Living*

Residents of Valley Heights have the luxury of being social or remain private as they navigate through their retirement years. With a variety of activities and events offered, there is always an opportunity available to be with people or learn something new. Visit Valley Heights today to learn more!

“Happy, happy Christmas, that can win us back to the delusions of our childish days; that can recall to the old man the pleasures of his youth; that can transport the sailor and the traveler, thousands of miles away, back to his own fire-side and his quiet home!”

~Charles Dickens, The Pickwick Papers

VALLEY HEIGHTS FUN FACTS

Valley Heights has 80 individual one- and two-bedroom apartments.

We serve a delicious breakfast and dinner every day of the year-- including holidays!

Many residents will host their family and friends during our holiday meals in our formal dining room or our spacious side dining room. We accept advance reservations for family and friends.

On December 25, and again on January 1, we will serve dinner “Open Seating” from 2-5 PM in our Dining Room.

WELCOME TO
VALLEY HEIGHTS

*Martha
Powell*